

The NTG-EDSD

Information for Staff



WHAT

The **NTG-EDSD** is a tool that staff who have known the person for at least six months can use to record changes in abilities that occur as adults with an intellectual disability get older.

WHY

As we age, some changes can be an early sign of different health conditions including dementia. The sooner you recognize changes, the sooner you and the adult with an intellectual disability can discuss them with a healthcare professional for possible treatment. Any diagnosis is only as good as the information provided.

WHERE

The NTG-EDSD is available free online from the NTG at: the-ntg.org/ntg-edsd. It is accessible in several languages and can be printed off to complete and save. A short manual is also included that provides details about the NTG-EDSD.

HOW

Work with the adult with an intellectual disability to complete the NTG-EDSD form. You can also create a short smartphone video of the adult with an intellectual disability doing 3 tasks such as standing and walking, picking up coins and putting them in a jar, and doing a familiar task they like.

THEN WHAT

If there are changes: Highlight these changes and bring the form and video to a doctor or other healthcare professional appointment for a discussion about possible causes for the change.

If there are no changes: Keep the document and video in a safe place. Repeat both the NTG-EDSD and video once a year or sooner if you see more changes. Remember to do the same 3 tasks in each video.



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