

Foundation Workshop Topics

- Healthy aging v. pathological aging
- Accelerated aging in Down syndrome
- Dementia: What it is...and isn't
- Does dementia present differently in adults with ID?
- Potentially treatable medical conditions that mimic Alzheimer's
- Down syndrome and Alzheimer's disease: Increased risk, younger age
- Challenges of diagnosing dementia in adults with ID
- How diagnostic overshadowing can result in misdiagnosis
- Behavior is communication...ALL has meaning
- Why people with dementia do the things they do
- How dementia impacts the brain, senses, and behavior
- Why being an effective health care advocate for your client is so important
- Early Detection Screen for Dementia (EDSD): How to use the NTG's free screening tool
- Guidelines for a differential diagnosis of dementia in adults with ID: What you need to know
- Key concepts of dementia capable care of adults with ID and dementia
- The shift in philosophy of care from lifespan goals to dementia-capable goals
- Bridging the ID and aging networks
- Tips and strategies for effectively communicating with people with dementia
- Behavioral and psychiatric symptoms of dementia (BPSD)
- Key "triggers" of behavior and how to avoid them
- Strategies for managing and accommodating common behaviors
- Non-pharmacologic management of BPSD...medication as a last resort!
- Easy and affordable modifications to the physical environment to support function
- End of life care - challenges, opportunities, and ethical considerations